

%%first_name%%

Wanted to make sure you saw this email announcing some exciting news for The Energy Project, including the launch of our new website. There are a few items I think you would find most valuable:

- Take a look at our Human Energy Methodology™ - a new consulting approach that allows us to understand and address the human challenges that stand in the way of solving persistent business problems.
- Check out our blog. We've loaded in our favorites and made it easier to share with colleagues.
- We're introducing *The Way We Work* podcast hosted by our CEO, Tony Schwartz. It will revolutionize the way you work and live with groundbreaking insights from neuroscience, physiology, psychology, and perennial philosophy.

Feel free to do some exploring on your own.

In other news, would you be interested in learning more about and potentially attending a series of in-person and virtual roundtables we're hosting? The topic will be focused around building high trust and high performance cultures. Some will be industry specific, others will be specific to HR roles.

Warmly,
%%user_first_name%%

%%user_html_signature%%

From: The Energy Project <info@theenergyproject.com>
Date: Tuesday, June 27, 2017 at 11:20 AM
To: %%user_name%% <%%user_email%%>
Subject: Fueling a Human Energy R/evolution



Email not displaying correctly?
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Fueling a Human Energy R/evolution

Dear %%first_name%%,

We are excited and proud to launch the [next generation](#) of The Energy Project with a new website and a new look, but also with a richer set of tools and a deeper perspective on how to help organizations unlock their people's vast untapped resources to solve complex business challenges.

Over the past several years we have evolved our consulting practice to address organizations as unique and complex living systems. Our four-step Human Energy Methodology helps your organization understand and address the underlying human challenges that stand in the way of an organization's success.

With this new work, we believe we are again pioneering a game-changing understanding of the intersection between how people feel and how they perform. We invite you to learn more about what this journey might look like at our [new website](#).

Tony Schwartz
Founder & CEO



What is it you are
not seeing?

Who could you
become if you did?

See More. Be More. by Tony Schwartz

[Read the Blog](#)

#fullyfueled

The Golden Rule of Triggers

When you sense you're getting frustrated, annoyed, or anxious, apply "The Golden Rule of Triggers:" whatever you feel compelled to do, don't. Instead, take a deep breath – in to a count of 3, out to a count of 6. Feel your feet to ground yourself. Then you can make a choice about how to respond.

[View More Energy Tips](#)



Introducing *The Way We Work* Podcast

We're proud to announce the launch of our new podcast, *The Way We Work*, hosted by our Founder & CEO, Tony Schwartz. In each episode, we explore groundbreaking insights from neuroscience, physiology, psychology, and perennial philosophy to provide you with new tools to address the human performance challenges standing in the way of solving your most critical business problems. **Look for our first episode in mid-July.**



Tour Our Newly Expanded Office

We have expanded our offices to another floor in our Yonkers headquarters, and we are proud to show it off. In using our Energy Audit for Workspaces, we learned how to meet our employees' energy needs in our physical space.

[Take a Tour](#)

Visit Our New Website

To share more about The Energy Project's key ideas and work with clients, we've redesigned our website, making it easier to explore content.

[Visit the Website](#)



The
Energy
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